

## *If your child has an allergy:*

Upon enrolling your child, please ask to speak with the principal or school nurse regarding any allergies, symptoms, treatments, and/or medications that are pertinent to managing the allergy. With the assistance of the parent, building staff, and medical professionals, an individualized health plan and building plan will be developed as needed.

## *How you can help:*

Wash hands when entering the building if you have been in contact with any peanut products during the day.

Make sure that cold lunches and snack items brought into the building do not contain peanuts.

Snack items should be store purchased and brought to school in the original store packaging.

**PLEASE REMEMBER OUR BUILDING IS AN ALLERGY SENSITIVE BUILDING FOR ALL ACTIVITIES AND NOT JUST DURING THE SCHOOL DAY.**



## *Suggested Snacks Safe for School Use:*

*(Always check product labels for peanut products)*

Air popped popcorn  
American Cheese  
Barnum Animal Crackers  
Cheese Nips  
Crackers, Ritz or Saltine  
Fruits and Vegetables  
Fruit Gushers & Rollups  
Fruit Juices (100% natural)  
Go-Gurt  
Goldfish Crackers  
Graham Crackers  
Jello  
Marshmallows  
Popsicles  
Poptarts  
Snack Pack Puddings  
String Cheese  
Sugar Free Pudding  
Sugar Wafers  
Sun Chips (original and cheddar)



**INDIVIDUAL CLASSROOMS MAY HAVE MORE SPECIFIC FOOD LIMITATIONS DEPENDING ON THE ALLERGIES OF STUDENTS IN YOUR CHILD'S CLASSROOM. PLEASE BE ALERT FOR A CLASSROOM SPECIFIC FOOD ALLERGY SNACK LIST. CHECK FOOD LABELS FOR PRODUCTS THAT CONTAIN PEANUT PRODUCTS.**

## LINCOLN ELEMENTARY SCHOOL



## 2011-2012 ALLERGY SENSITIVE ENVIRONMENT

## *Guidelines for Parents and Visitors*



DEBRA BEVING, PRINCIPAL  
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## Purpose:

An objective of Lincoln Elementary is to provide every child with a safe and caring environment. This brochure will provide parents and school visitors with the information they need to help maintain a safe school setting for students with food allergies.

## Rationale:

Whenever a student enrolls at Lincoln Elementary with a health or educational concern, each situation is discussed and appropriate interventions are applied. For the 2011-12 school year, students have enrolled who have life-threatening peanut allergies. Even casual contact with peanut product will trigger a life-threatening anaphylactic reaction with exposure.

## Strategy:

Food products that contain or are prepared with peanuts, peanut butter, peanut oil should not be brought to school in cold lunches or as snacks. It is required that food items that are brought in lunches or for snacks be store bought and in the original packaging so staff may verify contents.

## SCHOOL PROCEDURES TO MAINTAIN AN ALLERGY SENSITIVE ENVIRONMENT

### Food Service:

Will daily serve breakfast and lunch menus that do not contain peanut or nut products. Will provide alternative menu items for all students with identified food allergies.

### Transportation:

Will sanitize a designated seat on buses used for field trips that include allergy sensitive students.

### Building Maintenance Department:

Will provide cleaning supplies that have been tested for the ability to eliminate contact exposure.

Will adopt daily cleaning procedures for high use areas shared by all students.

Will sanitize classrooms used by after school groups at the completion of each activity.

## Lincoln Staff:

Will monitor food items brought into the building that may cause severe reactions.

Will implement hand washing procedures designed to prevent contact exposure with identified allergens.

Will be trained on the proper procedures for identifying when and how to use an Epi-Pen and make emergency services notification.

Will complete a safety plan checklist for all field trip activities.

Will review each individual student health plan yearly.

Will provide education in the classroom as needed to support safe practices and teach tolerance.

Will provide necessary documentation to alert substitute teachers to allergy issues. Will provide information when requested to the degree allowed by confidentiality laws.

